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SDC 2: Description of the Psychological risk factors recorded.

Name	Labels
Sleep quality	<3.58, 3.58-3.785 or >3.785
Athlete Burnout Questionnaire	
a) Physical/emotional exhaustion	<1.9, 1.9-2.155 or \geq 2.155
b) Reduced sense of accomplishment	<2.67, 2.67-2.9 or >2.9
c) Sport devaluation	<1.1, 1.1-1.49 or >1.49