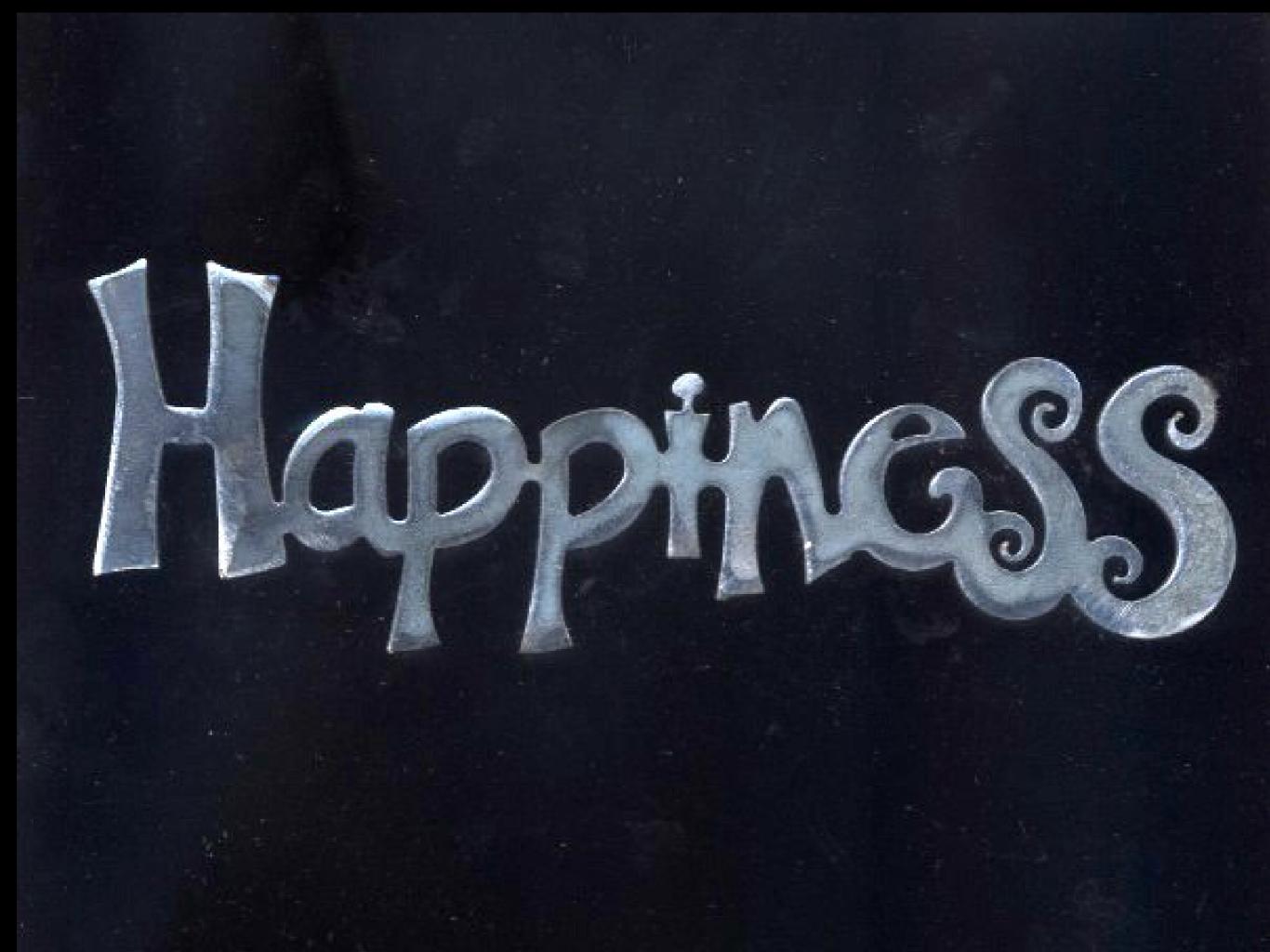


# VALUE, IMPACT AND HAPPINESS: A SOCIO-ECONOMIC PERSPECTIVE

Paul Courtney

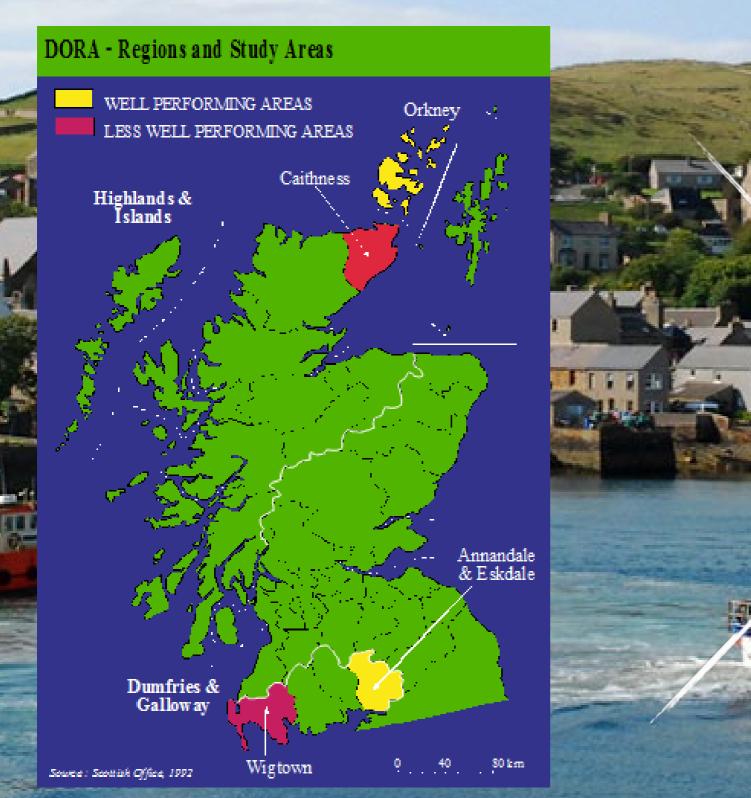




# VALUE, IMPACT AND HAPPINESS: A SOCIO-ECONOMIC PERSPECTIVE

Paul Courtney









# VALUE, IMPACT AND HAPPINESS

#### Conventional Economics

#### Socio-economics

Impact

Happiness

Value





# VALUE, IMPACT AND HAPPINESS

Economy is the right vehicle...

Happiness as opposed to Economic Growth

Understanding thoughts and feelings is crucial



# THE NEXT HOUR OF YOUR LIFE.

## Impact: Social Value and Social Return

Happiness: And the Happiness Lens

## Value: The Integrative Economy



#### IMPACT: SOCIAL VALUE AND SOCIAL RETURN



# SOCIAL VALUE - THE 2012 ACT



"....to have regard to economic, social and environmental well being in connection with public services contracts; and for connected purposes".



# CHANGE THE RECORD, GEORGE..

#### HM GOVERNMENT

NAVCA

Social value is a way of thinking about how **scarce resources** are allocated and used

Focus on Added Value

..encourages us to have a broader more **holistic** approach and work with communities and users of services to find better ways to meet their needs and spend public money.

# PROVING OUR VALUE







# Research Partnerships











## SOCIAL RETURN ON INVESTMENT (SROI)

### Broader concept of Value

## Stakeholder Driven

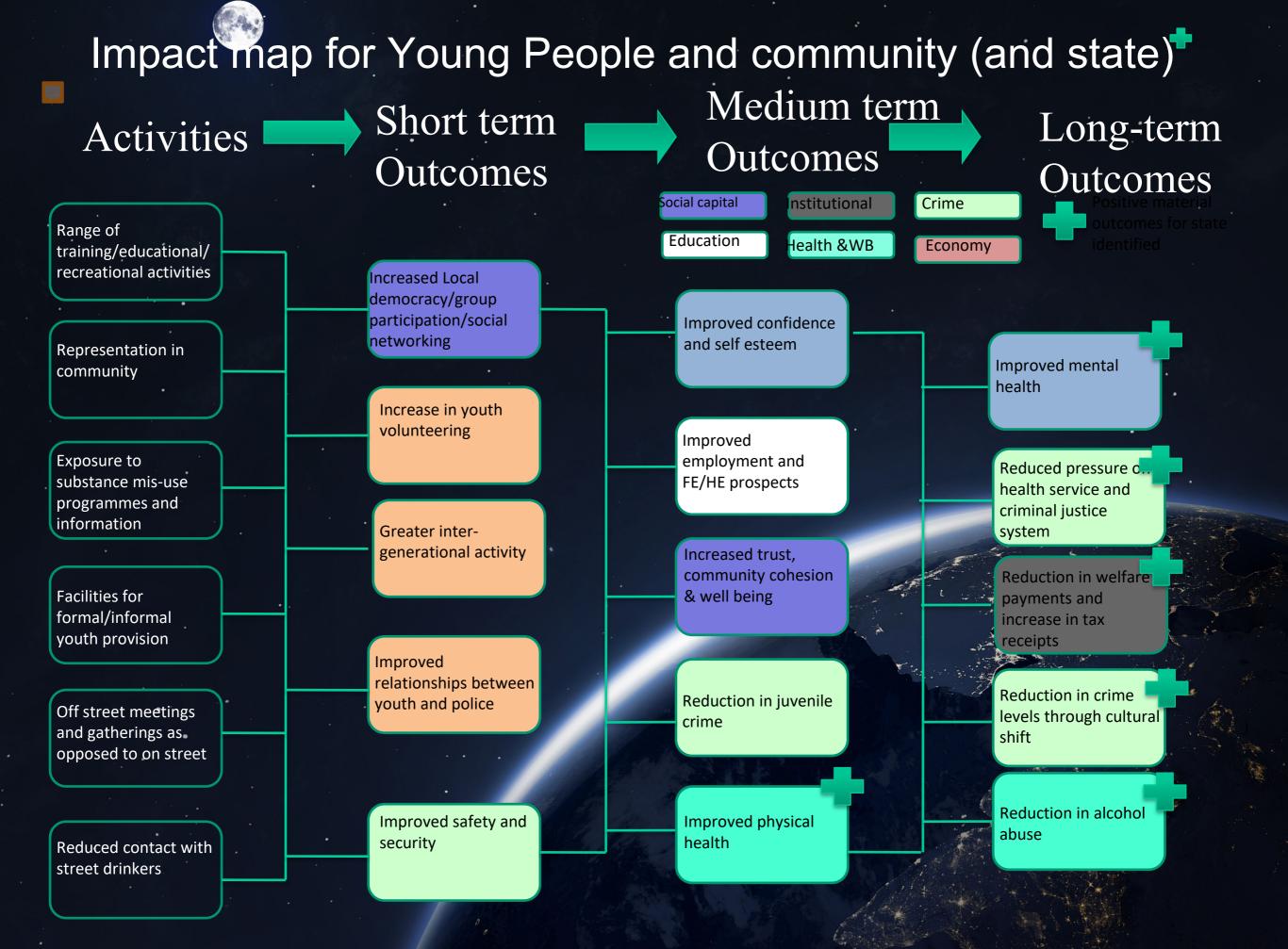
#### Focused on Outcomes

#### **STAGES OF SROI:**

A Theory of Change

Measure the Change

#### Value (Monetise) the Change



# Fielding and Platt: Memories....



Go

#### Gathering and sharing memories of Gloucester's great engineering firm





# FIELDING AND PLATT - OUTCOMES

# **Subjective Well being:**

Resilience and self-esteem

Trust and belonging

Supportive relationships

Competence, engagement and purpose



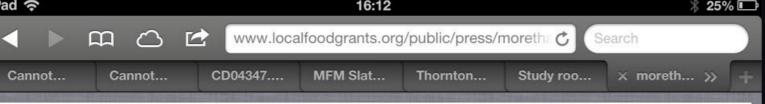
# 'VALUING' WELL-BEING

Ο U T C O M E	Ρ R O X Y	VALUE (£)
RESILLIENCE AND SELF ESTEEM	UNIT COST OF COGNITIVE BEHAVIOURAL THERAPY (CBT)	£1,240
TRUST AND BELONGING	ANNUAL VALUE ATTRIBUTED TO CHANGE TO TALKING TO NEIGHBOURS MOST DAYS FROM ONE OR TWICE A WEEK	£15,666
S U P P O R T I V E R E L A T I O N S H I P S	ANNUAL VALUE ATTRIBUTED TO SEEING FRIENDS AND RELATIVES MOST DAYS FROM ONCE OR TWICE A WEEK	£15,500
COMPETENCE, ENGAGEMENT AND PURPOSE	ADDITIONAL MEDIAN ANNUAL WAGE FOR EMPLOYED VS. SELF EMPLOYED PEOPLE	£2,940



# FIELDING AND PLATT -BENEFIT TO INVESTMENT RATIO

VALUE OF INPUTS (TOTAL INVESTMENT):	£100,900
VALUE OF INPUTS (GRANT INVESTMENT)	£42,900
TOTAL PRESENT VALUE OF OUTCOMES	£149,197
BENEFIT-TO-INVESTMENT RATIO	1.48:1
BENEFIT-TO-INVESTMENT RATIO (GRANT)	3.48:1



Local Food













More than inst the veg

#### AIMS:

MAKE LOCALLY GROWN FOOD ACCESSIBLE AND AFFORDABLE TO COMMUNITIES.

COMMUNITY - GROWING GREENWICH

EDUCATION - GET GROWING ENTERPRISE - GROWING WELL > 🗅

GET.IT

FOOD

miles evemy st christophers - Google...

localfoodgrants.org

S Local Food SROI Report - web

# SROI RATIO













The **Local Food** programme:

# A Social Return on Investment Approach

Final Damant

# A 700% return on investment

# (SROI Ratio 7:1)



LOCAL FOOD PROGRAMME: WHERE IS THE VALUE?

Food affordability 2% Training and education 8% Community Vibrancy 26% Physical health 24% Mental health and well being 38% Local economy and enterprise 2%

> Food Ed affordability

Education & Skills

Community vibrancy Phyiscal Health Subjective Well being Local Economy



# VALUE, IMPACT AND HAPPINESS

#### Conventional Economics

#### Socio-economics

Impact

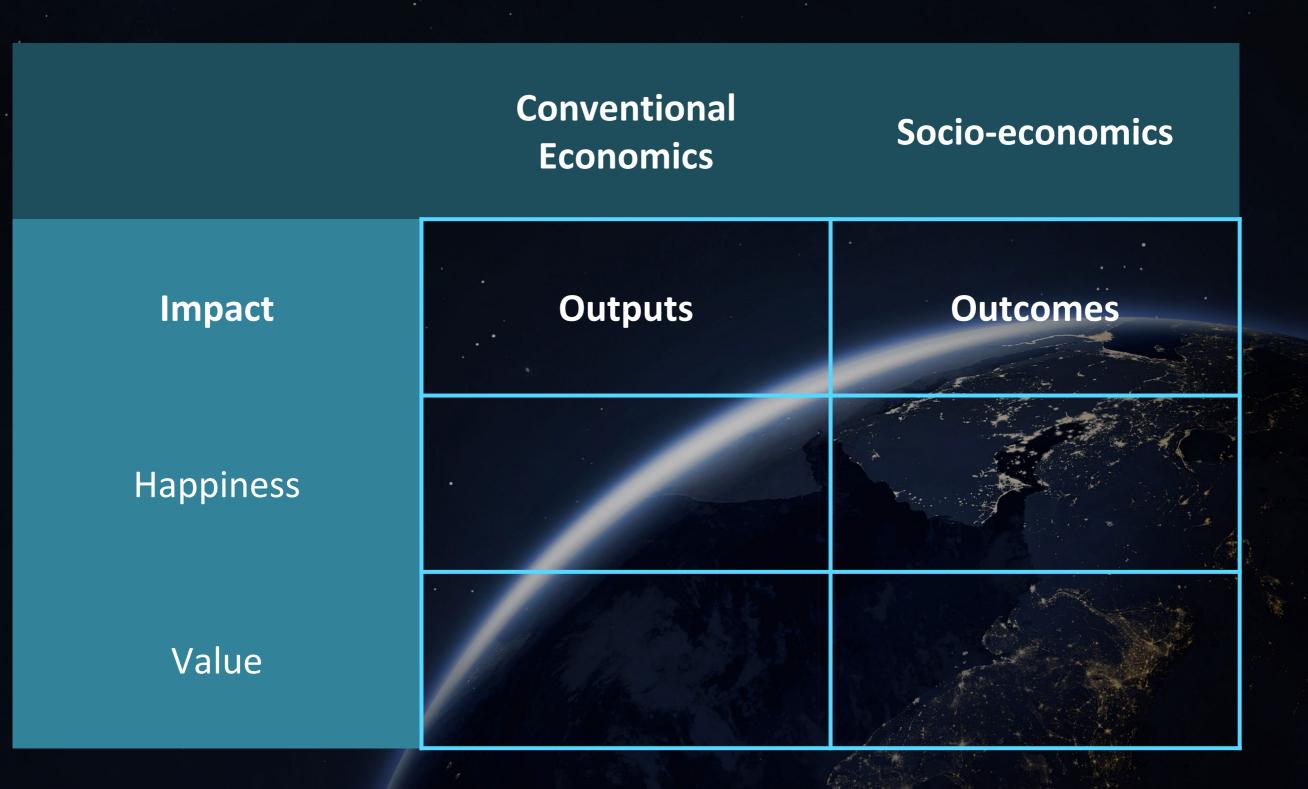
Happiness

Value





# VALUE, IMPACT AND HAPPINESS



# REFLECTIONS....

The second se

ALCORPORATION AND A REAL PROPERTY OF A DESCRIPTION OF A D

AN PARTING AND A



### VOLUNTARY AND COMMUNITY ACTION .....

.....is making people Happier!

Subjective Well being:

Hedonic Accounts - How we feel

Evaluative Accounts - How we think and feel



# THE SPIRIT OF SROI..

"Too much and too long, we seem to have surrendered community excellence and community values in the mere accumulation of material things. Our Gross National Product [GNP].....

"Yet [GNP] does not allow for the health of our children, the quality of their education, or the joy of their play. ..... It measures neither our wit nor our courage; neither our wisdom nor our learning; neither our compassion ... it measures everything, in short, except that which makes life worthwhile. ....."

**Robert F Kennedy** 



# GNP - ARE WE MEASURING WHAT MATTERS?

= the totality of all that human beings make and do for each other

But should we count things like armaments and prisons?

What about leisure time (and how it is spent?)

And what about Well-being and Happiness?!



# THE BUDDHIST PHILOSOPHY..

## 1970s Bhutan - Gross National Happiness



# Well-Being

What can we learn from Bhutan?





# ECONOMICS = HAPPINESS!

Late C19 - Happiness the measure of success

We can compare one person's happiness with another's

As a person gets richer the incremental effect on happiness will reduce



# **1930'S...**

Feelings

# Psychology turns Behaviourist

Behaviour

Economics follows suit and GNP gets hijacked

Preferences are now inferred from **behaviour**, ignoring how happy they might make us feel



# GNP: MORE FOR ME.... IS LESS FOR YOU.

Income

Consumption

Happiness



# Late C 20 New Psychology.....thoughts and feelings

## Early C21 Old Economics...Behaviour



# But the tide is slowly turning....



## HAPPINESS: AND THE HAPPINESS LENS



# REDEFINING...

#### ECONOMICS OF GROWTH

#### ECONOMICS OF HAPPINESS

WEALTH

WELL BEING

ECONOMICS

HOUSEHOLD STEWARDSHIP

COMPETITION

STRIVING TOGETHER

MORTGAGE

DEATH PLEDGE!



# HAPPY, ME..... WHO'S ASKING?

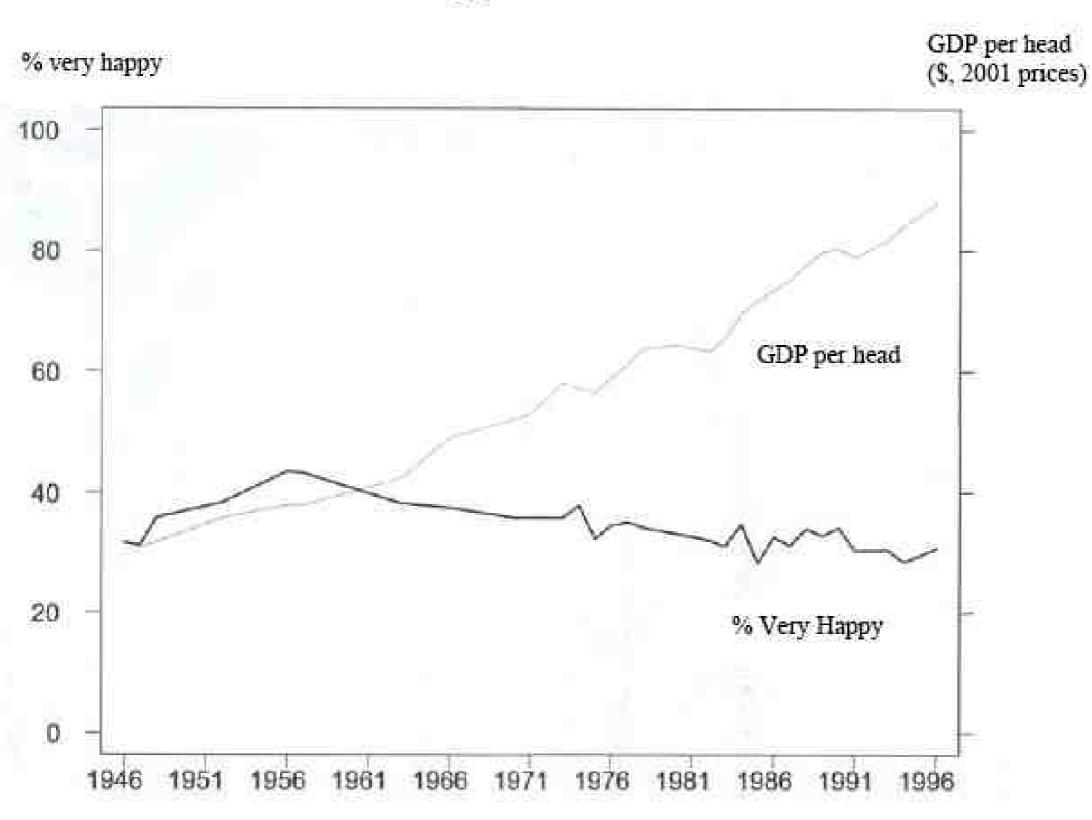
### How happy were you yesterday? (ONS)

## All things considered, how happy are you with your life as a whole nowadays? (EU Social Survey)

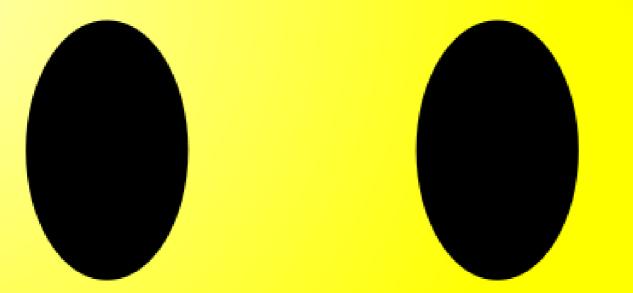
Taking all things together, would you say that you are: Very Happy, Quite Happy, Not very Happy or Not at all Happy? (World Values Survey)

# GDP VS HAPPINESS

#### Income and happiness in the USA



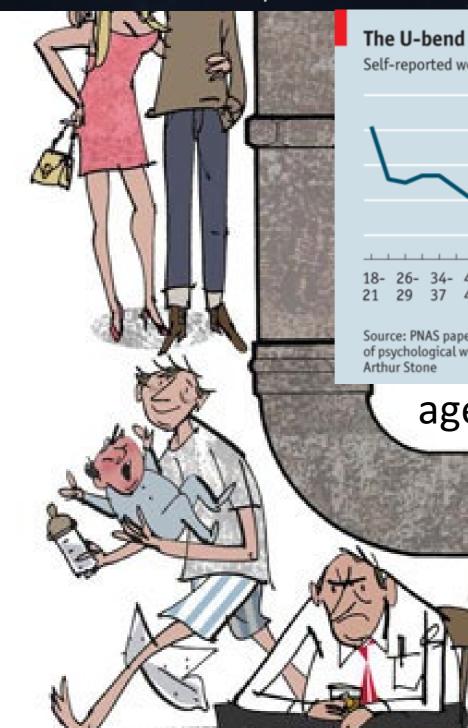
#### The problem of Social Comparison....



#### ....and Adaption - spend, spend, spend



## LIFE IS A U BEND....



#### Self-reported well-being, on a scale of 1-10 7.0 6.8 6.6 6.4 6.2 \*

18- 26- 34- 42- 50- 58- 66- 74- 82-21 29 37 46 53 61 69 77 85 Age, years

Source: PNAS paper: "A snapshot of the age distribution of psychological well-being in the United States" by Arthur Stone



M.H. Jeeves

### WHAT MAKES US HAPPY?

#### Family Relationships

#### Family Income

Secure job

**Community and friends** 

Feeling healthy

#### Personal Freedom

**Belief in God** 





### HAPPINESS IS..

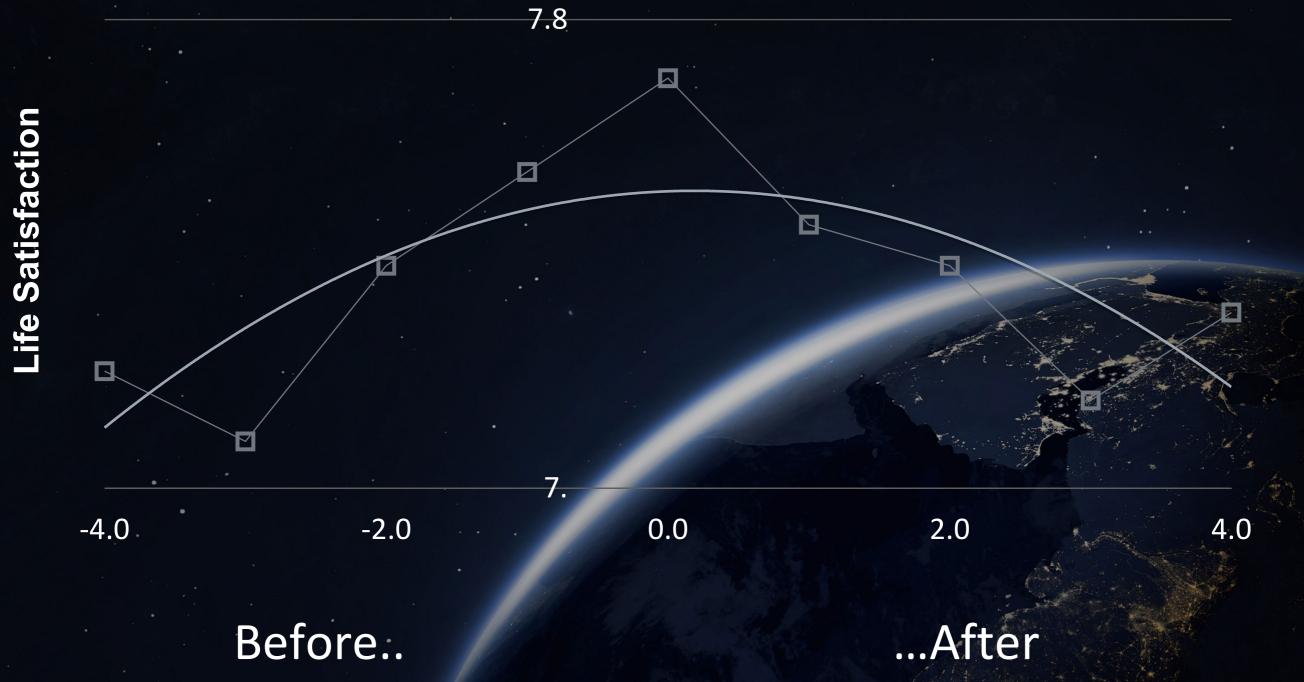
Not comparing our success with that of others

Not spending more as we earn more

Enjoying the moments, not just the anticipation...



### MARRIAGE.

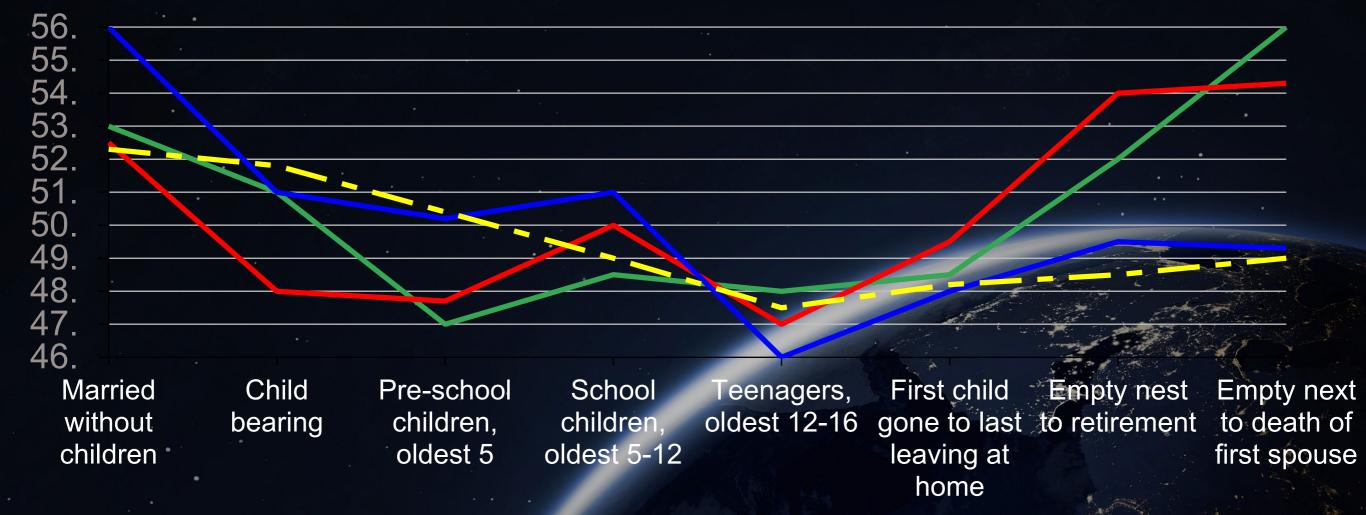


Lucas, Clark, Georgellis, and Diener (2003). N ~24,000



### CHILDREN...

-Study 1



-Study 2

-Study 3

-Study 4



#### The air that we breathe..





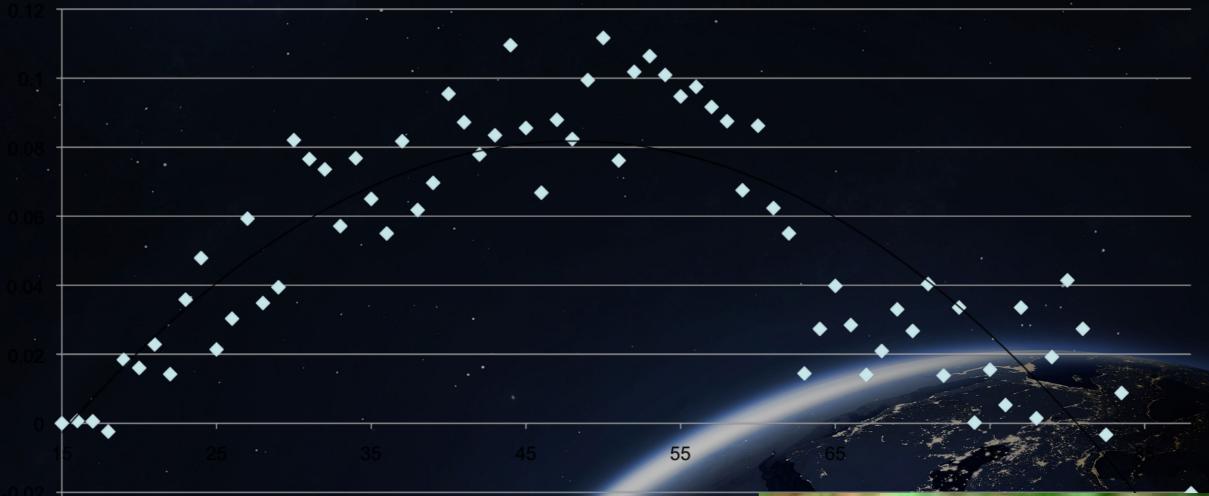
#### ...And the fruits that we eat



= five a-day

#### ANTIDEPRESSANT USE AND AGE (EUROPEAN NATIONS)

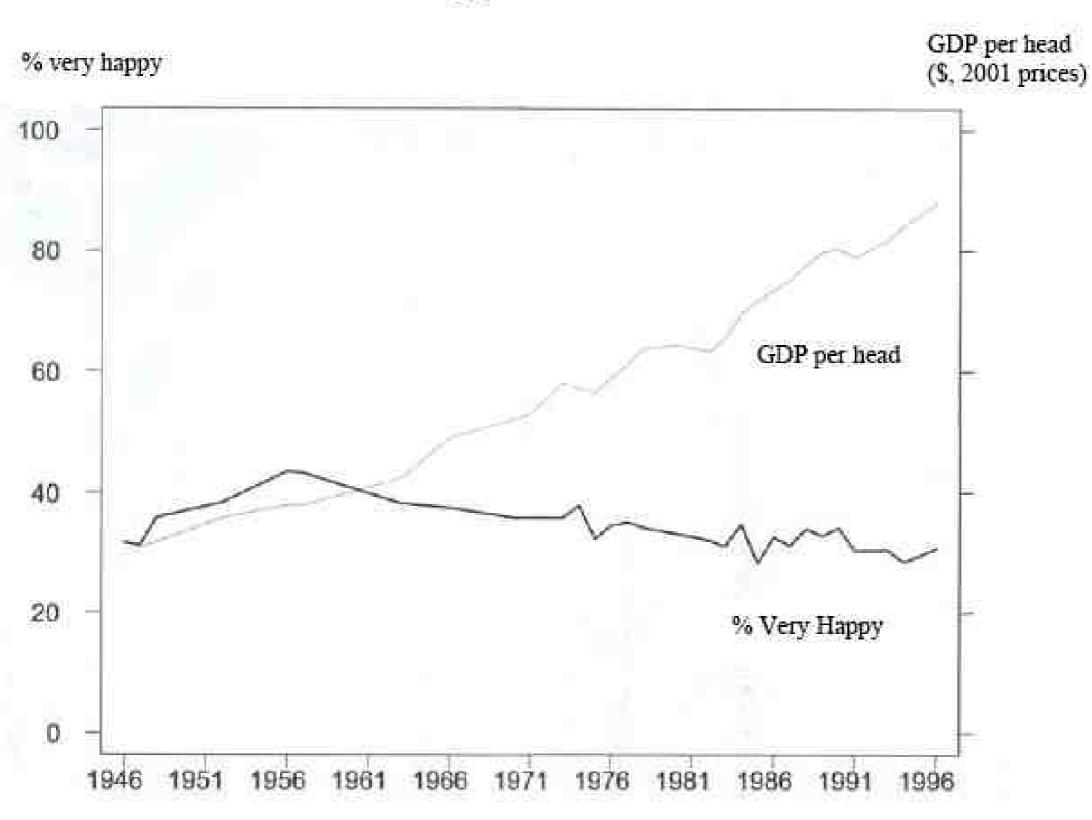




THE MIRROR IMAGE.

# GDP VS HAPPINESS

#### Income and happiness in the USA

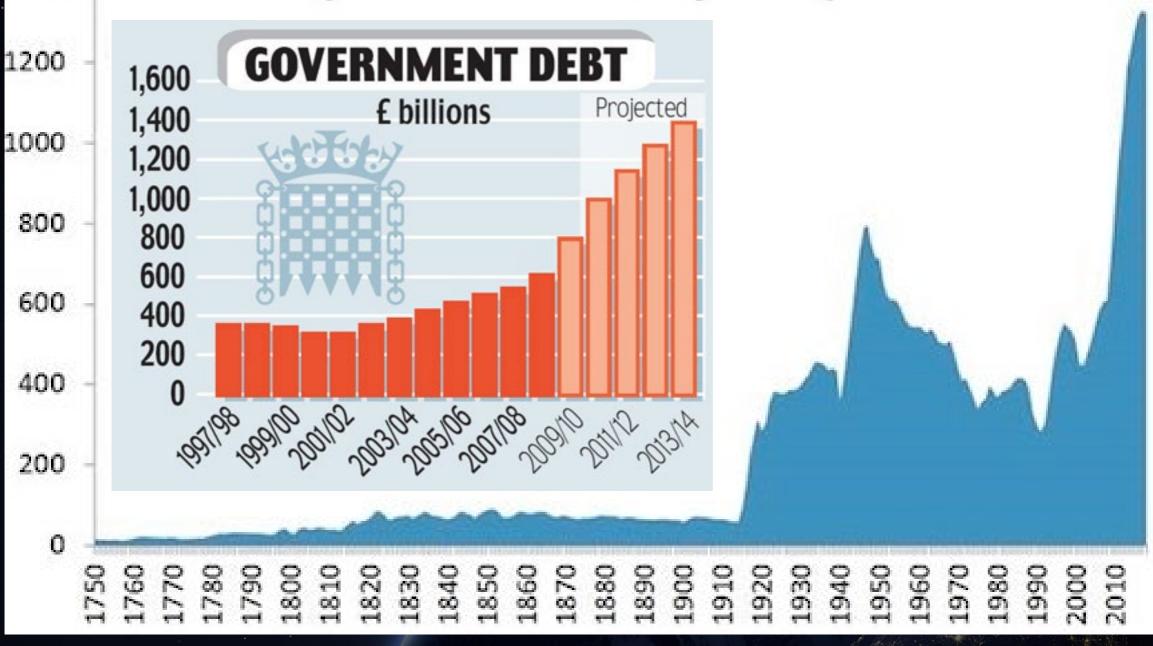




1400

## DEBT, WHAT DEBT?

#### UK net public debt – inflation-adjusted (£ billion in 2013 prices)





#### THE PARADOX OF MODERN LIFE

"It is a remarkable **paradox** that, at the pinnacle of human material and technical achievement, we find ourselves anxiety ridden, prone to depression, worried about how others see us, unsure of our friendships, driven to consume with little or no community life.....How is it that we have created so much **mental and emotional suffering despite levels of wealth unprecedented in human** history?"

Wilkinson and Pickett, 2009

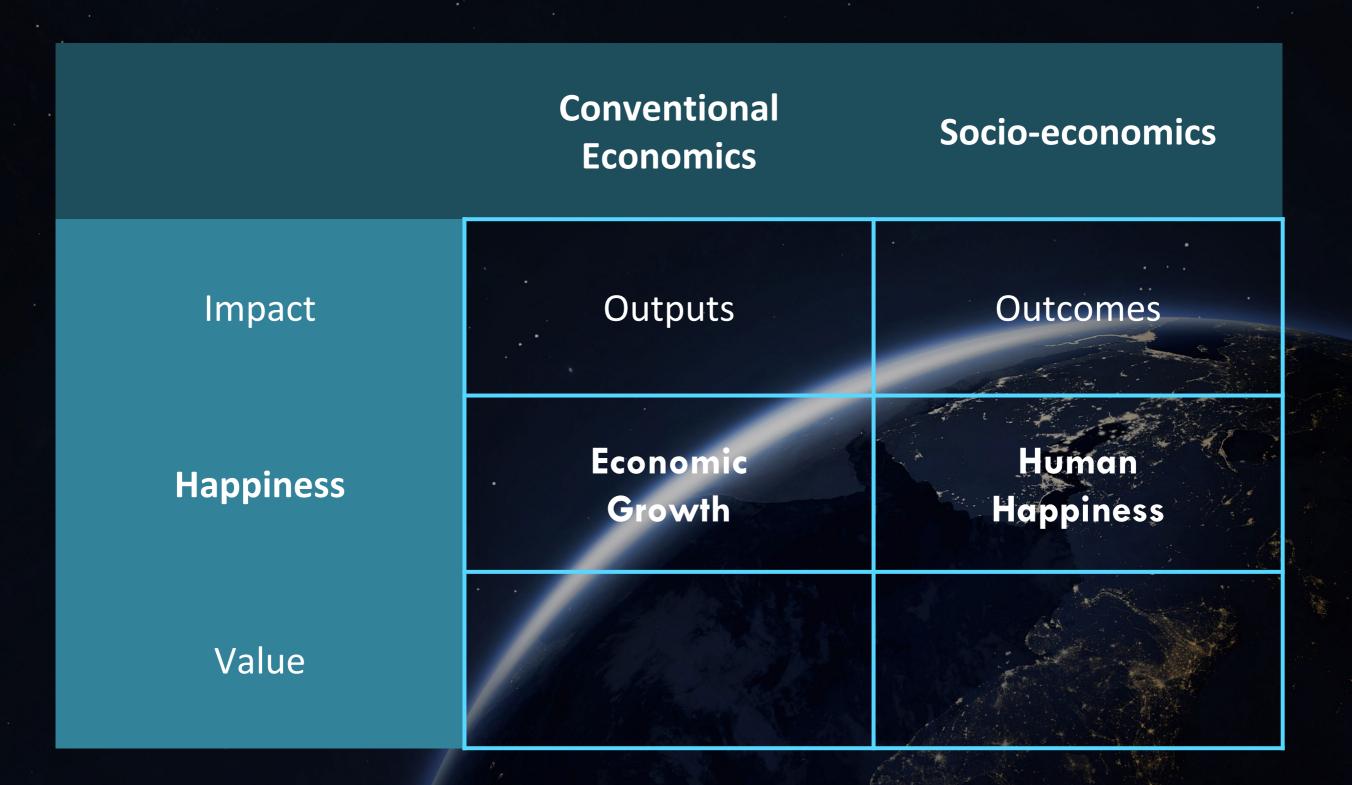


### VALUE, IMPACT AND HAPPINESS





#### VALUE, IMPACT AND HAPPINESS



VALUE: THE INTEGRATIVE ECONOMY

#### CONCEPTUALISING THE HAPPINESS LENS

	CONVENTIONAL ECONOMICS	SOCIO-ECONOMICS
GOAL	ECONOMIC GROWTH UTILITY IS MAXIMISED	HAPPINESS, FAIRNESS, EQUALITY
ASSUMPTIONS	CHOICES ARE RATIONAL OUR PREFERENCES REMAIN CONSTANT OVER TIME; GROWTH IN DEMAND IS INFINITE	CHOICES ARE FAR FROM RATIONALE PREFERENCES CHANGE OVER TIME; DEMAND IS FINITE
UNDERLYING PRINCIPALS	HUMAN BEHAVIOUR SELF-INTEREST	HUMAN FEELINGS AND BEHAVIOUR PERSONAL AND COMMUNITY INTEREST
ΙΜΡΑCΤ	RESOURCE DEPLETION COMMUNITY FURTHER ERODED SHORT-TERMISM	RESOURCE DEPLETION COMES UNDER CONTROL COMMUNITY STRENGTHENED LONG-TERMISM



#### VIEW THROUGH THE HAPPINESS LENS..

#### 1. A focus on finite **Demand** instead of Supply

2. Self interest to personal and community interest

3. Following Psychology away from Behaviourism

## IMAGINE..

### ... AN INTEGRATIVE ECONOMY



## **RE-FRAMING VALUE**

#### 1. Negative interest currency

#### 2. Welfare for all

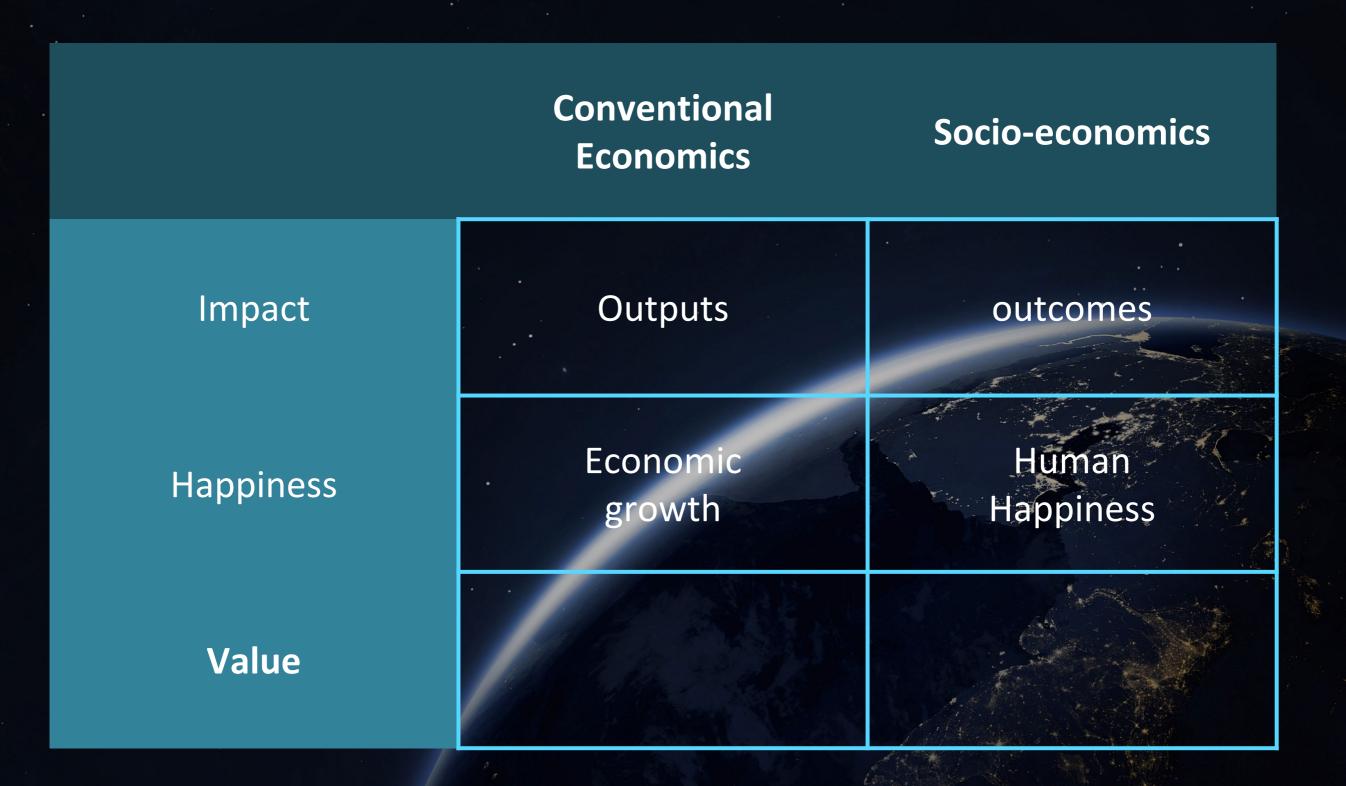
Complementary

4. Currency backed by society and the earth

3. Not everything we do is for money

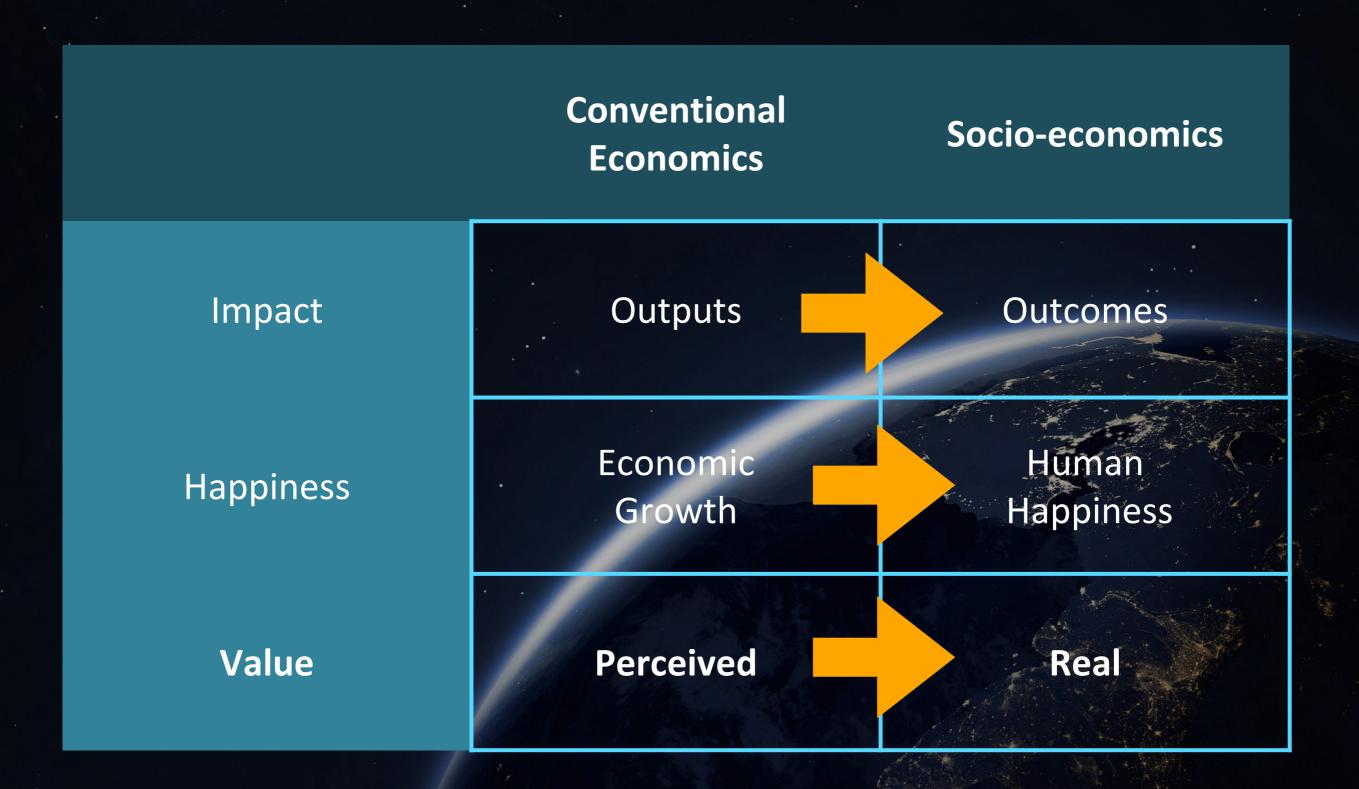


#### VALUE, IMPACT AND HAPPINESS





#### VALUE, IMPACT AND HAPPINESS



#### (Cate)

### Socio-economics

Economics Sociology

SE

#### Psychology

"of all things that human beings make and do for each other, it is the unquantifiable ones that contribute the most to human happiness" Charles Eisenstein



### Socio-economics

#### Stewardship Community

#### Ourselves

SE

"of all things that human beings make and do for each other, it is the unquantifiable ones that contribute the most to human happiness" Charles Eisenstein



# THANK YOU!

#### This was an Immersive Learning Production for:



countryside and community research institute and

UNIVERSITY OF GLOUCESTERSHIR



#### VALUE, IMPACT AND HAPPINESS: A SOCIO-ECONOMIC PERSPECTIVE

Paul Courtney